

Problem Solving

Activities to Help Your Baby Grow and Learn

Your busy learner is interested in making things work! She will find a toy that's partly hidden and will reach with all her might for something that's just out of reach. She knows when a voice is friendly or angry and much prefers friendly sounds. She also loves playing hiding games, such as Peekaboo!



Where Did It Go?

Move your face or a favorite toy behind a cover while your baby is watching. Ask, "Where is Mommy?" Drop the cover and say, "Here I am!" Cover baby's doll or bear. Ask, "Where is the bear?" Move the cloth and say, "There he is!"

Bath Time Boats

Put several plastic containers in your baby's bath. She will delight in learning about sinking, floating, dumping, and pouring.

Reactions

Provide baby with toys that react such as squeak toys, pull toys, and pop-up toys. Let baby discover ways to make things happen! Share baby's surprise: "Look what happened!"

Hide a Squeak Toy

Hide a toy or some item that makes noise, such as a bell or set of measuring spoons, under a blanket while your baby watches. Reach under the blanket and make the sound. Let him try to find it. Now hide the toy to the side, then behind your baby. Let him look around, then "help" him find it!

Music Maker

Give baby a spoon or a block for each hand. Show her how to bang them on a tabletop or highchair tray while you sing a song. Sing and tap loudly, then sing and tap very softly. Hooray for the band!

Hide the Baby

This is a fun version of Peekaboo. While folding laundry or doing the dishes, cover baby with a sheet, towel, or dishcloth. Say, "Where's the baby?" Wait a second and pull down the cloth. "Surprise! There's the baby!"

Safe Sandbox

In a small container or tray, let baby touch some flour. As you do this, talk about how it feels and show him how to sift it through his fingers: "Ooh, that's so soft."

Notes:



Don't Forget! Activities should be supervised at all times by an adult. Any material, food, or toy given to a young child should be reviewed for safety. Always watch baby when she is in water.